

CATECHETICAL TEXT BOOK SERIES OF THE SYRO-MALABAR CHURCH

GOD THE SAVIOUR



ON THE PATH OF SALVATION 2



STANDARD

2

TEACHER'S HANDBOOK

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OF
THE SYRO-MALABAR CHURCH

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Standard - 2

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PREFACE

Do you recollect the days of your Catechism classes during your childhood? What were the striking features of those classes? Shouldn't these children you are teaching now also get all that you have received then? Don't you still remember the joyful experiences you had during Sunday school days? Shouldn't such experiences be given to today's generation as well?

Do you remember what you disliked about the Catechism classes of your childhood? Was there any experience that had diminished your interest in Sunday Classes? In that case isn't it necessary for us to take care not to have such unpleasant experiences for our children? In your attempt to impart faith formation to the second standard students sitting before you, the above-mentioned points have to be taken very seriously.

It is also important to bear in mind that the times are changing. Tremendous changes have taken place in the circumstances in which today's children live, not only in their aptitude but also in experiences. These have to be taken into account. At the same time, the very aim of faith formation is to concretize in children the unchanging God and the unchanging Christian truths in a world which is under the sway of perennial change. The text which you are going to teach will help you achieve this goal. What you have in your hand now is the Teachers' handbook specially prepared for your reference. This will undoubtedly help you become an able and efficient teacher by developing children's innate talents and at the same time solving their difficulties.

WHAT IS A TEACHER'S HANDBOOK? WHAT IS IT FOR?

A teacher's hand book is

- A supplement to text book.
- A pointer to teacher.
- An interpretation of the lessons.

A teacher's hand book is an aid to a teacher in many ways.

- To understand the lessons better.
- To teach the lessons correctly.
- To clear doubts regarding the text by one's own self.
- To give a satisfactory clarification to children's doubts.
- To organize classroom programmes efficiently.
- To identify answers to the questions.
- To make the optimum use of the text.
- To gather more information.
- To improve one's way of teaching.
- To introduce and implement the novel approach of the new text book.

Three questions arise with regard to teaching:

1. What is to be taught? What is the aim while teaching?
2. Whom to teach?
3. How to teach?

All teachers engaged in the process of imparting faith formation must seek answers to these questions.

1. Must know what faith formation is.

The basic purpose of faith formation is to help those who received the sacrament of baptism to grow in Christ by leading them to a perfect Christian faith and a mature Christian living. In order to achieve this, a true faith formation process will blaze the trail towards knowledge, experience and life of faith. The passionate words of St. Paul- 'the labour pain is experienced, till Christ is formed in you' should be the source of inspiration for our faith formation. The initial years of faith formation focus on the basic lessons to be imparted to children in the fundamental faith of the church, in the Holy Trinity and in the knowledge about sacraments. In this way we must grasp the essence of the question what is to be taught.

2. Necessary to know children :

It is to children that we give faith formation. Therefore, we must have an idea of their age, nature, talents, drawbacks, interests and potential. Let us just think what abilities they have. What all can they do?

- Laugh
- Cry
- think
- see
- hear
- Run
- Jump
- play
- speak - and many more abilities like these. Now if we consider just one aspect , for example , their ability to speak- What are their possibilities that can be explored and expressed in class? Children will be able to do many things through spoken words. Let us jot them down.
- To tell stories
- To sing a song
- To ask a question
- To give answer
- To share a news with others
- To explain to others what they know
- To speak imaginatively
- To narrate an incident
- To complain
- To give instructions
- To narrate looking at a picture and so on.

Now the children who love to play can do many things through that activity. What are they?

- To understand instructions
- To obey the rules and regulations
- To react when the rules are broken
- To correct errors
- To express joy
- To express emotions
- To work in a team
- To participate in activities with enthusiasm.

There are many things like these to know about children .If teachers are aware of these teaching will be more meaningful.

There are many ways by which teachers can come to know of children –

- Interaction with children
- Keen observation
- Knowledge in child psychology
- Reading such books.

3. Necessary to Know New Methods of Learning :

Times have changed. As we face a new environment today, a new set of children and a new text, we need to introduce new methods of learning. Novel ways of teaching need to be adopted.

As discussed earlier, many different abilities are there in every child. New methods of learning must be used to explore these abilities in children appropriately. Opportunities have to be made available to children who are keen on playing as well as doing work. The new text books are prepared with these thoughts in mind.

This book gives scope for numerous activities such as speaking, viewing, drawing, writing and playing besides listening. None of these is insignificant. Though they appear simple, each activity in some degree contributes to the growth of our children's

faith. It is necessary to use all the possible methods in our attempt to give our children Jesus and lead them to salvation He offers. Therefore faith formation teachers must constantly endeavour to grasp novel teaching methods. This teacher's handbook may help teachers to a certain extent to achieve this goal. A teacher must try to gain knowledge and experience with regard to teaching methods from all possible quarters.

The Special Features of the Activities:

If the activities that are introduced in faith formation class have to be successful, they must be different. Only then it will be fruitful. What are those special aspects? The activity that is introduced to facilitate learning should

- Arouse interest in children
- Suit the nature of the children
- Give freedom to children
- Be with a specific aim
- Be connected with the subject
- Be a time bound activity
- Be suitable for the standard of the children
- Be a challenging activity for the children
- Be an activity that can be evaluated by the teacher

Be it an activity given to children from the text or from teacher's handbook or an activity introduced by the teacher himself/herself, the above mentioned aspects have to be borne in mind.

A teacher may pay attention to the following :

1. Make sure that every child has a text book with him/her. Instruct them in the beginning itself to buy it.
2. There are many opportunities for first and second standard children to draw and colour; therefore, all children must have sketch pens of different colours, colour pencils or crayons with them. Along with their text, children should bring these as well.
3. Drawing and writing in the text have to be done only in class. This instruction has to be given to children well in advance.

Children should use the text only as per the instruction of the teacher.

4. More activities, if necessary, can be given to children as home work. Instructions towards this have to be given to them very clearly. It is good to have a special notebook for children to draw, write and stick pictures. Considering situations and the interest of a teacher, these can be done.

As the lessons are introduced

Now that we have already thought about faith formation, children and new methods of learning, our attempt now is to analyze each lesson specifically. Special format is adopted for this purpose. It is as follows:

1. What children should understand

Through a lesson what a child is expected to grasp is mentioned here. They are categorized into three and presented. A teacher thus becomes very clear as to what the child should have grasped through that lesson. Besides answering questions and participating in activities, the following have to be acquired by children for their faith formation.

- Concepts
- Attitudes
- Habits.

All other activities done in class aim at acquiring these aspects by children.

2. The tools and techniques to enhance awareness that a teacher must use in class :

In order to present each lesson effectively various teaching tools have to be used. For first/second/third/fourth standards a teacher can carry to class items like pictures, charts and things that can be collected easily. Apart from the items listed in teachers' handbook, if other items are used, that are appropriate, it will be more beneficial to the students. Therefore, the indications given here may be taken only as a guideline.

Songs, stories, games, skits and so on may be needed to teach a lesson properly. At least a mental preparation to this effect has to be there before going to class. These are also teaching tools.

3. Presentation of a lesson :

How to present a lesson, how to begin, what details are to be included etc are explained in this section.

In any case, the method of presenting a lesson by reading it from one end to another should be strictly avoided. A teacher should be able to start, continue and end a lesson in a way that appeals to children. Some indications to this effect are given in the section dealing with presentation of a lesson. Still if you come across a more attractive method, you may use it. Remember that maximum preparation is required for the presentation of a lesson.

Story telling, cartoons, dramatics, role play, songs, conversation, team work or any such method can be used for presenting a lesson. Still if the teacher can use some tools for which he /she has the talent or aptitude to use the class may be more interesting and more efficient. The lesson can also be presented by involving children in these activities.

4. Activities related to the lessons :

The instructions regarding all activities given in the lesson are incorporated in this section. Answers to the questions are also given. Let the children find out the answers to these questions on their own and also the answers to the personal response questions and write them. Teachers may assist them. Do not insist that the answers written by children should contain the exact words / sentences as seen in the teachers' handbook. Treat the answers given in the teachers' handbook as mere references for teachers to help the students in finding the answers. Teachers can refer to the handbook and help them with the answers that are difficult for them to find out. It is mandatory to complete all activities given in each lesson.

5. Correlated Activities :

These are activities that are not given in the lesson but can be introduced as per the wish of the teacher. It is appropriate to give, according to the situation, maximum number of related activities. Some other activities which are not there in handbook too can be used in class if available. More questions from the lesson are

prepared and added. It would be a good practice to keep these answers ready with the teacher. Remember that all the correlated activities are to be done in class as per the wish and the creative approach of the teacher.

The factors to be borne in mind for each lesson:

1. It is assumed that two days (Sundays) may be needed to cover one lesson. Therefore, it may be appropriate to divide the lesson into two parts and prepare properly for each day. If possible it would be better to include lesson as well as activities on both days.
2. Children are expected to do all the activities in class and two days might be sufficient to do all these. Instructions for each activity need to be given very clearly and correctly. In case there is something which they have to do at home with the help of parents, it should be assigned to them on the first day so that they can complete it and bring it on the second day.
3. In all the lessons of the Second Standard, a prayer (Let Us Pray) is added. They should be said by the children repeating after the teacher. Teachers have to train the children to say the prayers with piety joining hands.
4. Each lesson contains one or two songs (Let Us Sing). Children should be given opportunity and time to sing them melodiously. They may sing them again alone or as a whole class or forming groups. Other songs and prayers which go with the lesson can also be given.
5. That which is meant for by hearting as far as possible, need to be done in class itself. It can be read out to them once or twice. Instructions can be given to study it individually or in a group. A small gift or a gesture of appreciation or applause may be offered to those who complete the task with focus and on time. It may be good to motivate them to study it with slight competition spirit and say it in class.
6. What is given under the title 'My Decision' is the attitude and practice that have to be formed in a child. 'My Decision' in each lesson has to be explained to the child. It has to be impressed upon them. It is also necessary to find out how much of this decision they have implemented in that week.

7. The activities such as Bible Reading and 'My Bible verse' are meant for encouraging them in the Bible study and Bible reading. On the first day instructions have to be given to the children to read the Bible , write Bible verses and bring them to the class. It has to be checked in class by the teacher on the second day. While teaching the first lesson, the teacher has to carry the Bible(the complete one) to the class and read out to the students Genesis 1:26-31. Each student then will be asked to write one verse which they liked from this portion in their note book. They will do similar exercise in other lessons at home with the help of the parents after reading the Bible.

8. In most of the lessons there are opportunities for story telling. Teachers must try their best to say stories in most of the situations. Sometimes children should also be given a chance to say stories. Stories should be presented in such a lively manner that it arouses their interest and develops their curiosity and they get the main idea. In order to do this following points are to be taken care of :

- Narrate the story with all the minute details.
- Describe the characters and events in a picturesque manner.
- Use words and styles that are appropriate for children.
- Ask some questions during the narration.
- Complete the story with the help of children if possible.

Instead of saying some story, it is necessary to find out stories with certain concepts that will enhance faith formation.

9. There are many opportunities in the text for conducting games. Do not miss these opportunities. It is good to find out more games for children. While introducing games in faith formation class following points have to be borne in mind:

- Games that are appropriate for the class atmosphere are to be chosen.
- Instructions to be given correctly and clearly.
- Children should be told to follow the rules of the game strictly.
- Stress to be given more to 'playing a game together' than winning or losing.

- Involvement of every child to be ensured.
- It should be observed whether the goal is achieved through the game.
- The games to be used as opportunities to evaluate the attitudes and habits of children and to correct them if necessary.

Three more points to remember:

1. Teachers' handbook has to be read carefully and completely. Analysis of each lesson has to be comprehended clearly. Reading the text books of Std 1, 2, 3, 4 and the analysis given for a lesson will definitely make the teaching exhaustive and efficient.
2. Thorough preparation of the lesson has to be done with the help of analysis given for each lesson. With proper lesson plan, teaching becomes much easier and focused. Lesson plan means deciding in advance what is to be given to children and in what way as well as what activities are to be done in class by children and so on.
3. It would be a good practice to write the lesson plan in a note book so that class can be conducted referring to it. It can be prepared as per each teacher's convenience and aptitude. Preparing teaching notes will help prepare better. Additional information and activities collected from various sources can be written in this book.

LESSON 1
Man who is created by God

I. What children should understand:

1. Conviction

- God created everything.
- God created human beings in his image and likeness.

2. Attitude

- We should worship God who created us.
- We, whom God has created, must love each other.

3. Habit

- Worship God through prayers.
- Give up the habit of fighting with friends.
- Treat each other with love.

II. Teaching aids:

- Holy Bible, Newspaper, Pictures of stars, sun and moon, Flowers, Plants, Fruits, etc.

III. Presentation of the lesson:

Teacher should give each student a piece of newspaper and ask them to make anything out of it (ex: boat, aeroplane, bird etc.). Describing the articles made by the students, divide all objects into man-made or God-made. Thus initiate students into the fact that the whole universe is created by God and continue with the contents of the lesson.

Use the teaching aids as and when required. Suitable questions can also be asked.

IV. Activities related to the lesson:

a. Let us colour

Let children use the colour as they like. Children should do this activity only when the teacher asks them to do. (Children should be told not to colour the pictures in advance).

b. Beautify the picture giving appropriate colours.

Ask children to complete the picture either in the class (if time allows) or at home. Ask them to give appropriate colour for each segment.

Teacher should check the work done by the students. Appreciate and encourage them.

c. Let us sing, Let us pray

Let the children learn the songs and prayers by-heart. Give opportunities to repeat them alone and in chorus several times in class. Ask them to sing songs and recite the prayers when they come for next class.

d. Let us do

“Recite the praise”. When we recite the praise, we are praising Jesus Christ – and we demonstrate the love and respect for others – It is not just a ceremony – It should be done attentively, faithfully - Children should be made to understand all these things

When the person saying the ‘praise’ joins his/her hands and says “Praise be to Jesus Christ”, the person responding should join his/her hands and reply as “Praise to Him now and forever”. (The Malayalam version should also be taught to children – “Eesho Mishihayku Sthutiyayirikate” Reply – “Ippozhum Eppozhum Sthutiyayirikate”)

e. My decision

What comes here is that which must become a habit in children. When the decision "I will behave lovingly to everyone" is taken, help students for more clarity upon it.

- Why should we love?
- Whom to love?
- When to love?
- How to love?

Allow some students to share their decision in class. In next class, ask them to tell everyone how they brought their decisions into practice.

f. Find out the answers

1. God created us in His own image and likeness.
2. The image of God is Love.

V. Related Activities:

One can make them do activities related to the lesson, other than those given in the text book. It is nice to let them have a separate notebook for this. (Do not force them to purchase).

a. My prayer

- Can you make any small prayer praising God?
(Let students seek help from their parents)
- Let students draw or paste in their notebook whatever they like from the beautiful creation of God.

b. Let us recite the praise

1. Let us give a tune to it.
2. An activity which allows students to recite the 'praise' to all students in the class, those are near to them.

Students should stand in two circles facing each other. Let

the students standing in the outer circle first say the praise to those standing in the inner circle. Students in outer circle should walk in clockwise direction and say the praise to each student as they face. Then the students of inner circle should walk and say the praise to each student of the outer circle.

c. Let us find out the answers

1. What did God create in the beginning?
2. What did God create to give us light?
3. Name some creatures God created?
4. Who is our first father?
5. Who is our first mother?
6. In which book of the Bible do we find the story of creation of man?
7. Who all did God give you?
8. Who is our creator?

LESSON 2
Man Who Lived With God

I. What children should understand:

1. Conviction

- God prepared Eden for man to live in.
- Adam and Eve lived happily with God in the Garden of Eden.
- God longs to live with us.
- When we live loving and obeying God, we obtain the joy of Paradise.

2. Attitude

- To dwell with God, we should obey His commandments.
- We should praise and worship the God who loves us.

3. Habit

- Avoid doing what God dislikes.
- Obey your parents, teachers and elders.
- Enthusiastically participate in the family prayers.

II. Teaching aids:

- Holy Bible, Pictures, Flash cards – Grace, Happiness, Peace

III. Presentation of the lesson:

Starting with familiar areas like garden at home, garden at school, parks etc finally speak about the Garden of Eden.

God prepared the Garden of Eden for human beings.

- The experience at Eden.
- Discuss about their home.
- The presence of God at home – Worshipping God
- Family members + God = The experience of Eden

(Use the equipments effectively and creatively during the presentation of the lesson)

IV. Activities related to the lesson:

a. Let us sing, Let us pray

(Check the guidelines given in previous chapter)

b. Let us find out and give colour

Give proper guidelines before you assign the activities. Introduce the words mentioned in the activity. Let children colour the squares next to the correct answers.

c. Let us find the way

This is a familiar activity for children. Make children feel as they are participating in a competition.

Congratulate the child who reaches Eden first.

d. My decision

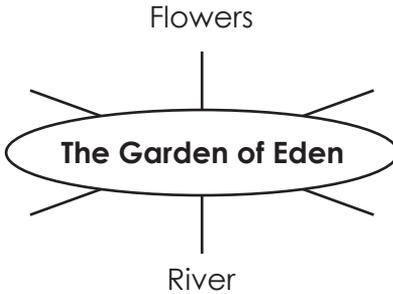
(Check the guidelines given in previous chapter)

e. Find out the answers

1. Adam and Eve lived with God in the Garden of Eden.
2. To have happiness we must live loving and obeying God.

V. Correlated Activities:

a. Can you complete?



b. Can you fill the blanks?

1. When we live with _____, we are _____.
2. Adam and Eve _____ and obeyed God, and thus lived _____.

c. Let us find out the answers

1. Which were the trees in the middle of the Garden of Eden?
2. What is another name for the Garden of Eden?
3. Why did God prepare the Garden of Eden?
4. What should we do to be happy?
5. What do you mean by the joy of paradise?

LESSON 3
Man Who Flees From God

I. What children should understand:

1. Conviction

- God loved Adam and Eve very much.
- Though Satan's temptation, they violated God's commands.
- By committing sin, they moved away from God.

2. Attitude

- We should obey the commandments of God, who loves us.
- We should overcome all temptations that urge us to violate the commandments.
- We should obey our parents, teachers and elders.

3. Habit

- Obey your parents and elders at home
- Follow the rules at school, church and catechism classes.
- Try to avoid doing wrong.

II. Teaching aids:

- Holy Bible, Charts – Made by sticking pictures

III. Presentation of the lesson:

Children might have done small mistakes

- Disobedience

- Telling lies
- Fighting
- Stealing

You can discuss such experiences. Allow children to share their experiences when they make mistakes.

Fear, embarrassment, punishment

Continue with the story of the disobedience of Adam and Eve. The pictures in the book and pictures in teacher's collection can be used while presenting the story.

IV. Activities related to the lesson:

a. Let us sing, Let us pray

(Check the guidelines given in previous chapters)

b. Give different colours and write repeatedly

Make children write using the colours they like.

c. Complete the following

You can help children in selecting the words. Let them use different colours.

d. My decision

(Check the guidelines given in previous chapters)

e. Find out the answers

1. Tick the correct answers. You can read the answers for the children
2. The effect of sin is that we drift away from God.

V. Correlated Activities:

a. Roleplay

Divide children into groups. Narrate the scene of Adam

and Eve eating the fruit. Teacher should provide required guidelines to the students. Besides the characters, let children come on stage as trees and plants as well. Presentation of the scene can be done in next class.

b. Let us fill the blanks

1. God had told them that, if they eat the fruit of that tree, they will _____.
2. The serpent told that, if she eats the fruit of that tree she will _____.
3. They were afraid to stand before God because they _____.

c. Let us find out the answers

1. What is the speciality of the Garden of Eden?
2. God had forbidden eating the fruit of which tree?
3. How did Satan feel when he saw Adam and Eve living happily with God in the Garden of Eden?
4. Who is Satan?
5. In which form did Satan approach Eve?
6. What did the serpent say that they will become if Eve eats the fruit?
7. How did Adam and Eve violate God's command?
8. Why were Adam and Eve afraid to come before God?

LESSON 4
The Punishment due to Sin

I. What children should understand:

1. Conviction

- Adam and Eve ran away from God and hid themselves because they had sinned.
- God was hurt when Adam and Eve went away from Him. God came in search of them.
- Although God punished them, He showed mercy to them.

2. Attitude

- We must love the God who comes in search of us and loves us even though we sinned.
- God punishes yet shows mercy to us. We must be thankful to God for this.

3. Habit

- Do not hurt God by sin.
- I should also show mercy to others just as God is merciful.

II. Teaching aids:

- Holy Bible, Charts etc. Stories (stories that show forgiveness inspite of doing wrongs)

III. Presentation of the lesson:

Child steals money from father's purse – Spends the money with friends – In the evening it is time for father to return

home – Child is scared – Hides without coming home – Father is angry by knowing of the loss of money – But is hurt when he does not see his child – Searches – Finds child

Narrate this story in attractive way and then present the lesson.

IV. Activities related to the lesson:

a. Let us sing, Let us pray

(Check the guidelines given in previous chapters)

b. Give colour and fill in

Let children the picture using the colours they like colour.

c. Looking at the pictures, can you narrate the story?

Discuss the details of each picture in the class. Then let the children narrate the story as per their own imagination.

d. Let us find out and remember

The Word of God in the petals is out of order. Write it in sequence with colours. Teacher should say the first half of the Word of God. Let children find the remaining half. Encourage children to memorize this Word of God

e. My decision

(Check the guidelines given in previous chapters)

f. Find out the answers

1. Adam and Eve did not have the courage to face God since they acted against His command. Hence they hid when they heard the footsteps of God.
2. Our God is a God who searches and comes to us.

V. Correlated Activities:

How did each one feel in the following circumstances?

1. Adam and Eve when they heard the footsteps of God
(fear)

2. God when Adam and Eve went away from Him (hurt)
3. God for Adam and Eve although He punished them..... (mercy)

a. Song

Let us thank God who loves us in all our conditions

God's love is so wonderful

God's love is so wonderful

.....

Athirukal ellatha sneham, daivasneham

Alavukal ellatha sneham, daivasneham

.....

b. Let us find out the answers

1. When did God come to see Adam and Eve in the Garden of Eden?
2. What did Adam and Eve do?
3. How did God feel for them?
4. How did God punish them?
5. What did God do when He felt mercy on them?
6. Why does joy disappear?

LESSON 5

God Who Promises The Saviour

I. What children should understand:

1. Conviction

- The first parents, who were expelled from Paradise, had to go through lots of sufferings.
- God who felt compassionate towards them, promised them a Saviour. God came in search of them.
- The Saviour God promised is Jesus.

2. Attitude

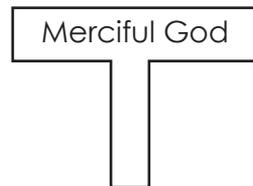
- We must try to live without sinning.
- We should be thankful and love God who showed compassion even to sinners.
- We should also be compassionate towards others

3. Habit

- Behave lovingly towards those who do wrong to you.
- Express gratefulness to God with short prayers.
- Carefully try to avoid doing wrong each day.

II. Teaching aids:

Holy Bible, Placards -



Chart



III. Presentation of the lesson:

Give children the opportunity to share the feeling they would experience if they are expelled from their own house. In the light of that situation, present contents of the lesson. Read the Bible to them (Gen 3:23). The sufferings of our first parents – God's compassion – Love – Promise of a Saviour. Use the equipments at appropriate times during the presentation of the lesson.

IV. Activities related to the lesson:

a. Let us Sing, Let us Pray

(Check the guidelines given in previous chapters)

b. Colour the sentence repeatedly

Give each sentence one colour each.

c. What is in the gift box?

You can help students to find the correct word (SAVIOUR). After finding make them write it in the gift box and in the place provided for the answer.

d. Let us remember

Help students to by-heart the psalm. Provide opportunity to repeat in next class.

e. Complete the word-wheel

Guidelines are given in the activity. Help children to select the words to complete from the word kit. Let them do this activity in the class itself.

f. My decision

(Check the guidelines given in previous chapters)

g. Find out the answers

1. They had to work in the soil filled with thorns and thorny bushes. They had to work hard, sweating, for their daily food. They were not able to see God too.
2. He promised to send a Saviour to save them.

V. Correlated Activities:

a. Thanking song

O give thanks to the Lord for He is good (3)

Yes eternal is His love.

.....

Nanni daivame Nanni daivame

Nityavum nityavum nanni daivame

Angu thanna dhanathinai nanni egidaam

Angu thanna modathinai nanni ekidaam

Nanma roopane nalla daivame!

.....

b. Let us play “Jesus says”

“Jesus says” ‘stand’ ‘sit’ ‘lift your hands’ ‘clap your hands’ ‘jump’..... Do not do any said actions without the words “Jesus says”.

c. Let us find out the answers

1. Where did Adam and Eve go for work?
2. Why had Adam and Eve to undergo sufferings?
3. Why did God feel compassion for them?
4. God did not desert them. Why?
5. How did God show mercy to them?
6. Who is Jesus?

LESSON 6

The Annunciation

I. What children should understand:

1. Conviction

- Angel Gabriel announced to Mary the good news of the birth of our Saviour Jesus.
- The annunciation of the birth of our Saviour Jesus is the good news.
- Mary gave her consent to God's will. Thus she became the Mother of Jesus, the Saviour of the whole humanity.

2. Attitude

- Like Mary we should live in grace, filled with God's grace.
- As Mary accepted the will of God, we too must accept His will.

3. Habit

- Obey even those things which, you think are difficult to obey.
- Recite "Angelus" everyday with faith.

II. Teaching aids:

- Holy Bible, Photos of Mary, Joseph, an Angel, Map of Nazareth (holy place).

III. Presentation of the lesson:

You can have a discussion on the various ways that we get news. God made known a 'breaking news' through – Angel – continue with presentation of lesson. While explaining the

lesson, make use of blackboard and other equipments at appropriate occasions.

IV. Activities related to the lesson:

a. Let us Sing, Let us Pray

(Check the guidelines given in previous chapters)

b. Complete the words of Mary

Let children find and write it from the lesson. Let them use the colour they want.

c. Connect the pairs properly

Let the children connect the related words neatly with coloured lines. Teachers should provide required instructions.

d. Can you find out the word

Let children write the word "GOOD NEWS", which is found by joining the circled alphabets, in the given space.

e. Let us imitate

Let children speak about the ways that they can obey God. Ask for their experiences in the next class.

f. Find out the answers

1. Nazareth.
2. Behold the handmaid of the Lord. Be it done unto me according to thy word.

V. Correlated Activities:

a. Role play

- The Annunciation
- Make children recite the prayer "Hail Mary". (Can be in song form)
- Check 8th lesson of Std I

Find out students who have their baptismal name as "Mariam" and greet them.

b. Let us find out the answers

1. Which is the tribe of Joseph?
2. What is the name of the angel who came to Mary?
3. What did the angel tell Mary at first?
4. What did God, the loving Father, promise?
5. What is annunciation or 'Mangalavartha'?
6. How did Mary become the mother of Jesus?
7. Which is the prayer we recite in the morning, noon and in the evening?
8. What is the other name of this prayer?
9. What do we recall in this prayer?
10. How should we imitate Mary?

LESSON 7
Glory To God In The Highest

I. What children should understand:

1. Conviction

- Jesus the Saviour was born in a manger in Bethlehem.
- The birthday of Jesus is celebrated as Christmas on 25th December.

2. Attitude

- If we want to see Jesus the Saviour of humanity, we must be humble like the shepherds
- We must live a humble life like Jesus who was born in a manger.

3. Habit

- We must praise Jesus through prayers, songs and ejaculation.
- Help orphan children – Pray for them.
- In the 25 days of abstinence before Christmas make small sacrifices (Avoiding chocolates, etc).

II. Teaching aids:

- Holy Bible, Christmas cards, Map, Pictures of celebration of Christmas, Christmas songs, etc.

III. Presentation of the lesson:

Let children share their birthday celebrations, birthday, place of birth etc. From their life experiences connect to the details of the birth of Jesus. Students should understand the details and circumstances of the birth of Jesus. Example of humility.

IV. Activities related to the lesson:

a. Let us Sing, Let us Pray

(Check the guidelines given in previous chapters)

b. Write repeatedly with colours

Use different colours.

c. Flower bed for baby Jesus

This activity is to encourage children to say the holy chant. Even after completing the flower-bed, children should make it a habit to repeat the ejaculation. Proper instructions and encouragement should be given for the same.

d. Find out the answers

1. Bethlehem.
2. Glory to God in the highest heaven, and peace to men who enjoy His favour.
3. December 25

V. Correlated Activities:

a. Can you complete the story?

Divide children into groups.

Present the incident of birth of Jesus as a story. A student from one group begins the story. The next student from the group continues the story. Each one tells 2-3 sentences. Thus together as a group completes the story. Then the next group should be given the chance.

b. Christmas carols and cards.

Encourage students to find Christmas songs and present them in next class.

Also instruct them to make Christmas cards. It can be displayed in class.

c. Let us find out the answers

1. Who knew about the birth of Jesus first?
2. What did the Angel tell the shepherds?
3. Who was the child the shepherds saw in the cradle made of grass?
4. Why was Jesus born in Bethlehem?
5. Where did Mary and Joseph find place to stay in Bethlehem?
6. Where did Mary lay baby Jesus?
7. Why do we make cribs?

LESSON 8
The Star In The East

I. What children should understand:

1. Conviction

- Three wise men saw a miraculous star and came to Jesus and worshipped Him.
- They offered gifts to Jesus.
- Mary and Joseph went to Nazareth with Jesus and stayed there.

2. Attitude

- We should worship Jesus the Saviour of mankind.
- We must offer our good deeds and sacrifices as an offering to Jesus.

3. Habit

- Go to church and adore Jesus.
- Put offerings in the church.
- Share with others whatever we have.

II. Teaching aids:

- Holy Bible, Picture of the wise men, Christmas cards, Incense (kundirikyam), stars etc.

III. Presentation of the lesson:

When a child is born at home, don't people who come to see the child bring gifts for the child? Along with answers and experiences of students connect to the presentation of the lesson.

IV. Activities related to the lesson:

a. Let us Sing, Let us Pray

(Check the guidelines given in previous chapters)

b. Pick up letters from the word bag and complete the words

Let children fill the blank letter in colours.

c. Find the place

The place "Bethlehem" is found after arranging the stars. Let them write it in the stars given below. Let them colour and write.

d. Let us imitate

(Check the guidelines given in previous chapters)

e. Find out the answers

1. The wise men searched for Jesus the King of Jews.
2. Gold, Myrrh, Incense
3. Because he stayed in Nazareth.

V. Correlated Activities:

Draw or paste stars of different colours and sizes.

a. Complete the following

The wise men bowed and worshipped baby Jesus.

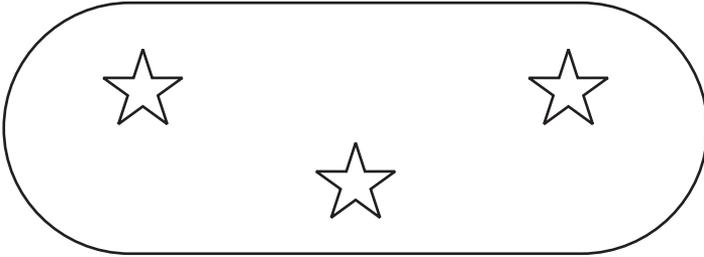
Herod decided to kill Jesus.

b. Role-play

The visit of the wise men.

c. A star-bed for Jesus

Before coming for next class, repeat holy chants 25 times and fill the star bed.



Each time you say the ejaculation, draw a star in the above column.

d. Let us find out the answers

1. Where did the wise men come from in search of Jesus?
2. Who was the King of Jerusalem at that time?
3. Which place did the priests say Jesus would be born?
4. Why did Herod get angry?
5. What did he order?
6. How was Jesus saved from the hands of Herod?
7. Which feast does the church celebrate on December 28th?
8. What did Joseph do after Herod died?

LESSON 9
He Is My Beloved Son

I. What children should understand:

1. Conviction

- Jesus received baptism from John the Baptist at Jordan. During baptism, God revealed that Jesus is His Beloved Son.
- We become God's children through baptism.

2. Attitude

- We should be thankful to God who gives us the grace to become children of God through baptism.
- We must live a life appropriate for children of God.

3. Habit

- Do not lose the rights we received through baptism by sin.
- We must praise and worship the God who gave us the right to be called as children of God.

II. Teaching aids:

- Holy Bible, Map (River Jordan, Holy place), pictures.

III. Presentation of the lesson:

Allowing students to share experiences of the celebrations of baptism connect to the contents of lesson. Stress on the fact that baptism gives us the right to be called as children of God.

IV. Activities related to the lesson:

a. Let us Sing, Let us Pray

(Check the guidelines given in previous chapters)

b. Colour the picture given below

As instructed by teacher this activity can be done in the class or at home. Give necessary instructions to colour the picture.

c. Complete the Word of God

Let them complete the verses with different colours. Encourage students to memorize the verses.

d. Do you know?

Let them complete this activity at home.

e. Let us imitate

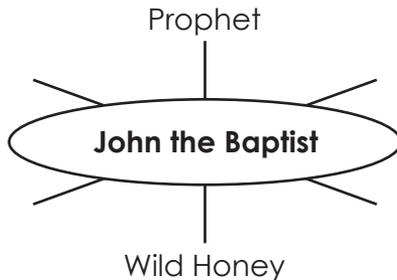
(Check the guidelines given in previous chapters)

f. Find out the answers

1. He was a prophet.
2. John the Baptist.
3. "He is my beloved son in whom I am well pleased".

V. Correlated Activities:

a. Complete the word circle



Can you give some description about John the Baptist?

Let students describe John the Baptist in the class.

b. Let us find out the answers

1. What did John the Baptist preach?
2. What was the specialty of his clothes?
3. What was his food?
4. Where did Jesus receive baptism?
5. Who descended on Jesus in the form of a dove?
6. Whose voice was heard from heaven?
7. Which feast does the church celebrate on January 6th?
8. What does this feast remind us of?
9. How do we become children of God?

LESSON 10
Jesus And His Disciples

I. What children should understand:

1. Conviction

- Good News is the message of salvation given to us through Jesus by God the Father.
- Disciples are those who continue the mission of Jesus, and for Jesus.
- Jesus specially selected His 12 disciples.
- We Christians too, are the disciples of Jesus.

2. Attitude

- We should obey the teachings of Jesus.
- We should be merciful as Jesus is.
- We must spread the Good News that Jesus gave us.

3. Habit

- Tell your friends about Jesus .
- Help others in their needs.

II. Teaching aids:

- Holy Bible, Chart, pictures, Flash cards (Names of the apostles)

III. Presentation of the lesson:

Read from lesson that describes the miracles of Jesus – Read verses Mathew 10 : 1 - 8. Enlighten children about the miracles performed by Jesus. Use appropriate pictures.

IV. Activities related to the lesson:

a. Let us Sing, Let us Pray

(Check the guidelines given in previous chapters)

b. Write the names of the apostles and complete the picture

This activity is to help memorize the names of the apostles. If necessary, let children copy the names from the lesson.

c. Let us imitate

(Check the guidelines given in previous chapters)

d. Find out the answers

1. Good News
2. Jesus selected the Apostles to continue His mission.
3. St. Thomas the Apostle.

V. Correlated Activities:

a. Complete the following

1. Jesus healed the sick.
2. Jesus gave food to the hungry.
3. Jesus raised the dead to life.

Read out to children the bible part where Jesus heals the leper (Mat 8: 1-4)

b. Role Play

The incident of Jesus healing the leper

c. Let us find out the answers

1. What did Jesus preach?
2. How did God the Father give us the Good News?
3. Who are the disciples of Jesus?

4. Who are the specially selected disciples?
5. What kind of people were the disciples of Jesus?
6. What command did Jesus give them?
7. We are bound to proclaim the gospel to others. Why?
8. How should we reveal Jesus to others?

LESSON 11

Jesus, Who Teaches The People

I. What children should understand:

1. Conviction

- Jesus is the Divine Teacher (Guru) who taught Gospel truths to people.
- The summary of Jesus' teachings is known as the Beatitudes.
- The prayer that Jesus taught is known as the Lord's Prayer beginning with Our Father in Heaven.
- Jesus speaks to us through the Bible.

2. Attitude

- We should obey what Jesus taught us.
- We should accept and proclaim that Jesus is the Teacher and Lord of the world.
- We must develop respect and devotion for the Holy Bible.

3 Habit

- Love even those who hurt you.
- Trust in God in all your troubles.
- Say the Lord's Prayer that Jesus taught us, with faith.
- Show interest in listening to the Word of God. Use the Holy Bible with respect.

II. Teaching aids:

- Holy Bible, Pictures - Lily flowers – Birds - Charts

III. Presentation of the lesson:

Children love those who tell them stories. They love to be with those who tell stories – they surround them eagerly and hear stories – In the same way there were many people always around Jesus as He told them many good things. Also Jesus consoled them and cured their diseases.

IV. Activities related to the lesson:

a. Let us Sing, Let us Pray

(Check the guidelines given in previous chapters)

b. Find out what to do

Read and explain the given incident and answers to the students. Let them put a ✓ mark in front of the correct option.

c. Colour the following

Let them use different colours

d. What did Jesus say? Complete

You can help students by reading the sentences.

e. Let us imitate

(Check the guidelines given in previous chapters)

f. Find out the answers

1. A summary of Jesus' Teachings is known as the Beatitudes.
2. Holy Bible
3. Jesus.

V. Correlated Activities:

a. Let's venerate, Let's sing and praise

Decorate and keep the Holy Bible on the classroom desk. Children come one by one, offer flowers, touch and venerate the Bible (Instruction to bring flowers should be given in previous class itself) – Then teacher and students together sing songs.

“Suvishesha geethikal padaan
Yeshuvin sakshikalaakaan
Lokathilengum pokaan
Nadhan vilikyunu namme.
Irulakathidum velicham
Murivunakiduna thailam
Suvisheshamakuna danam
Lokhathinekuvaan pokaam.”

(You can sing any other appropriate songs)

b. Filling Bible Verse Box

Distribute pieces of paper of equal sizes among all students. Ask them to write colorfully and neatly any favorite bible verse in the piece of paper and get it in next class. Ask them to seek help from their parents. In next class, teacher should draw a big box on a chart paper and hang it on the wall. Fill the Bible Verse Box by sticking the verses that children brings. Instruct students to memorize the verse they bring. (Instead of drawing a box on chart paper, you can put the verses in a box too).

c. Let us find out the answers

1. Why did the people surround Jesus?
2. What will be received by those who show mercy according to Jesus?
3. Who will see God?
4. Whom did Jesus ask us to love?
5. What did Jesus say, to teach how to forgive those who hurt us?
6. What prayer did Jesus teach?
7. Who is Jesus, who taught the gospel truths to people?
8. What is recorded in the Bible?

LESSON 12
Jesus, Who Shows Mercy

I. What children should understand:

1. Conviction

- Jesus is merciful.
- Jesus healed many sick people.
- Jesus wishes that each one of us show mercy to others.

2. Attitude

- Like Jesus we should show mercy on those who suffer..
- We should love and be thankful to Jesus who shows mercy on us.
- We must be happy to hear and obey the words of Jesus.

3. Habit

- Instead of shooing away the beggars who come to your home, help them in any possible ways.
- Do not tease handicapped or mentally challenged people.
- Help the sick or old people at home.

II. Teaching aids:

Pictures of Mother Teresa nursing the sick, pictures of those are hurt in war, sick, old people, handicapped people (you can get these from newspapers), pictures of Jesus healing the sick, charts (Luke 6:36).

III. Presentation of the lesson:

Enter into the contents of the lesson by telling stories or incidents of Mother Teresa caring and nursing the sick, orphans and old people who roamed in the streets of Calcutta.

Jesus the symbol of mercy – Present the incidents of Jesus healing the sick so as to imprint this image on the hearts of children – Use appropriate pictures. One can make them to perform a role-play on the incident of Jesus healing the blind men.

How can we show mercy on those who suffer? One can have a discussion on it. Few things children should make note of – Behaviour towards old people, handicapped people etc – Specially explain these to children.

Let students themselves share different practical ways to show mercy and compassion.

Give them the understanding that “Be Merciful” is Jesus’ command

IV. Activities related to the lesson:

a. Let us Sing, Let us Pray

(Check the guidelines given in previous chapters)

b. Can you describe the events?

Let students describe the events related to the sentences given. Let them use their own words and thoughts.

c. Picture Reading

Allow them to concentrate on the pictures and understand them. Clear the doubts they have on it. Then ask them to describe the events.

This activity can be done alone or in groups.

d. Let us imitate

(Check the guidelines given in previous chapters)

e. Find out the answers

1. Jesus felt compassion towards the poor and the sick.
2. The leper expected Jesus to cure him.
3. Jesus touched their eyes and healed the blind men.

V. Correlated Activities:

There are many other incidents in the Bible demonstrating Jesus' mercy. You can present in class by reading the Bible to them or describing the events.

a. Account of the witness

Let them describe the events of the paralyzed man being let down before Jesus with his cot from the roof and Jesus healing him. The events should be described as if an eye witness. Children can describe the events that happened at home or the things they saw during picnics. Teachers should give instructions to children to describe this event as a witness and also take required practice for it. Let them seek help of their parents.

b. Let us find out the answers

1. Why did the people surround Jesus?
2. How was the leper cured?
3. Why was the paralyzed man brought before Jesus by removing the bricks of the roof?
4. What did Jesus tell the paralyzed man?
5. What did the two blind men cry out to Jesus?
6. Why did Jesus come into the world?
7. How can we imitate Jesus?
8. What is Jesus' wish?

LESSON 13

Jesus, Who Multiplies The Loaves

I. What children should understand:

1. Conviction

- Jesus fed the hungry and tired people by multiplying bread and giving them.
- Jesus provides food for our body and soul.
- We receive Jesus in the Blessed Sacrament as food for our soul.
- Jesus, the Son of God, instituted the Holy Eucharist to give us life.

2. Attitude

- We should always be close to Jesus who feeds our body and soul.
- Along with having food required by the body, we should also receive the Holy Eucharist which is the food for our souls.
- Like Jesus who shared bread with the hungry, we must share our gifts with others.

3. Habit

- We should seek help from Jesus in all our needs.
- We should participate devotedly in the Holy Mass and worthily receive the Holy Eucharist.
- We must be willing to share the gifts, God has given us, with others.
- We should praise Jesus by repeating the ejaculation "Thanks be to Jesus. Praise be to Jesus".

II. Teaching aids:

Holy Bible, Picture of the group of people following Jesus, picture of Jesus multiplying the loaves and giving to the

people, picture of mother feeding a child, Flash cards (2, 5, 5000), Chart – “Holy Eucharist Bread of life” Picture of a child receiving communion.

III. Presentation of the lesson:

You can have a discussion with children on how they feel when they are hungry. To whom do you go when you are hungry? Who gives you food? Why do we have to eat food? How does mummy feel when you are hungry? Let children share their own views on these. Then lead them to the story of Jesus showing more compassion towards the hungry than any mother. Remember to use the equipments to make the presentation of the lesson more fruitful.

IV. Activities related to the lesson:

a. Let us Sing, Let us Pray

(Check the guidelines given in previous chapters)

b. Arrange the baskets in the order in which the events took place.

Give a chance to read once more the portion of the lesson related to the activity. Let them write the proper order in colours.

c. Show the connections

Let the students explain the connection between the numbers and the events in their own words.

d. Complete the picture and colour it

You can instruct the appropriate colours to be given.

e. Let us imitate

(Check the guidelines given in previous chapters)

f. Find out the answers

1. Jesus received from a boy the 5 loaves of bread and two fish, which he multiplied.
2. Jesus satisfied 5000 people by the multiplication of bread.
3. The Holy Eucharist is our bread of life.

V. Correlated Activities:

a. Let us sing and praise

"Jeevande appame, divyakarunyame
Ninne stuthikunnu njangal
Atmavin bhojyame aatma sandhoshame
Ninne pukalthunnu njangal"

Teacher and students should together repeat this song several times in class. If possible, teacher and students should sing this song in church before the blessed sacrament.

b. Let us continue the story

Let them present the incident of Jesus multiplying the loaves as a story. Encourage them to tell the story pleasantly in their own words. Let one student start the story. When teacher claps, the student stops the story after the sentence he was saying. The next student continues. Stops when teacher claps, next student continues. In this way, they together complete the story.

c. Let us find out the answers

1. Why did Jesus and disciples go to a distant place?
2. Whom did Jesus ask to provide food to the people?
3. Why were the disciples helpless?
4. How many loaves and fish did the boy have with him?
5. What did Jesus do with the 5 loaves and 2 fish?
6. What is food for our soul?
7. Whom do we receive in the Blessed Sacrament?
8. Why did Jesus institute the Holy Eucharist?

LESSON 14
Jesus, Who Died For Us

I. What children should understand:

1. Conviction

- Pontius Pilate gave the judgement to crucify Jesus.
- They crucified Jesus at Golgatha hill.
- Even while dying on the cross, Jesus prayed for those who tortured him.
- Jesus died on the cross for our salvation.

2. Attitude

- We should love Jesus who died on the cross for us.
- We should forgive those who hurt us.
- We should not blame others for mistakes that they have not done.

3. Habit

- We should not hurt Jesus by sin.
- Do not hurt anyone purposely.
- We should pray for those who hurt us.
- We should be ready to sacrifice things we like for others.

II. Teaching aids:

Pictures of the “Way of the cross”, picture of Christ with crown of thorns, Picture of Jesus on the cross, pictures of some assassinated leaders – Gandhiji, Lincoln, Chartist (“Jesus, the Nazarene, King of Jews”, “Father, forgive them”), Holy Bible, Cross.

III. Presentation of the lesson:

Introduce the national leaders who gave their lives for the country. They gave their lives for one nation only. Then present Jesus who gave his life to save the entire universe. The depth of Jesus' suffering – Scourging, crown of thorns, carrying heavy cross, being nailed on the cross.

Insult – Spitting on the face, crowning with thorns, being crucified with thieves, the words on top of the cross, the comments and teasing by soldiers and other people

Let children know that Jesus suffered all this for us.

IV. Activities related to the lesson:

Ask children to memorize the “Prayer for the Holy Week”

a. Let us Sing

(Check the guidelines given in previous chapters)

b. Complete the prayer of Jesus on the cross.

Let children write in colours.

c. Fill up the following

You can help children to fill them.

d. Let us imitate

(Check the guidelines given in previous chapters)

e. Find out the answers

1. Jesus died on the cross for our salvation.
2. Golgotha.
3. “Father, forgive them”.

V. Correlated Activities:

a. What did they do?

1. Judas Iscariot
2. Pontius Pilate
3. Jewish leaders

b. How did these hurt Jesus?

1. Whip
2. Crown of thorns
3. Wooden cross
4. Iron nails

c. What will you do? Can you say?

“You see Jesus coming wearing a crown of thorns, face covered with blood and sweat and carrying a heavy cross. Jesus looks at you”.

Read and explain this situation to students. Let them think on how they will react to the situation. Then let them share their thoughts one by one.

d. Let us draw, colour and build.

Let children draw the cross, the symbol of our salvation. Let them make crosses out of different articles (Should be done at home). Display the crosses they made in class.

e. Let us find out the answers

1. Why did the Jewish leaders get angry with Jesus?
2. Who showed Jesus to the enemies?
3. Who ordered Jesus to be crucified?
4. How did the soldiers torture Jesus?
5. Who were crucified on the left and right side of Jesus' cross?
6. What was written on top of Jesus' cross?
7. What do we celebrate on Good Friday?
8. How should we behave with Jesus who died for us?

LESSON 15

The Risen Lord

I. What children should understand:

1. Conviction

- Jesus rose on the third day.
- Easter is the feast of Resurrection of Jesus.
- On the 40th day of his resurrection, Jesus ascended to heaven.
- Resurrected Son of God, Jesus, is our Lord and God.
- We are all to reach heaven through Jesus.

2. Attitude

- We should believe and profess that resurrected Jesus is our Lord and God.
- We should praise and worship Jesus who died and resurrected for us.
- Leading a life pleasing to Jesus, we are to reach God the Father in heaven through Jesus.

3. Habit

- Live by doing good deeds.
- By prayers, the divine praises and the Holy Mass we should praise and worship Jesus, Our Lord and God.

II. Teaching aids:

Holy Bible, picture of resurrection, Chart with the prayer "Regina Coeli" written on it.

III. Presentation of the lesson:

Let children share their experience on the rituals performed on Easter Sunday – Along with that present the

event of the resurrection of Jesus. Present the resurrection in attractive and pleasant manner. (You can read out John: Chapter 20). Children should understand that the resurrection of Jesus proves Him to be the Son of God.

IV. Activities related to the lesson:

a. Let us Sing, Let us Pray

(Check the guidelines given in previous chapters)

b. Arrange the events in proper order.

You can help by reading out the events to them.

c. Repeat the words of Jesus writing in different colours

Let them use different colours.

d. Let us imitate

(Check the guidelines given in previous chapters)

e. Find out the answers

1. Easter.
2. Mary Magdalene.
3. "Peace be with you".
4. 40th day

V. Correlated Activities:

a. Let us sing and praise the resurrected Jesus?

Sarvesha puthranuyirthu

Samodamengum thalirthu

Swarloka vathil thurannu

Divya prakasham parannu

Marthyanne thedi aananju

Marthyanu shanty pakarnnu

Vazthunnu nin divya namam

Nalkaname swarga dhanam

(From the order of Holy Qurbana for Easter)

b. Role Play

Make children enact the event of pious women going to the tomb, angels informing them about the resurrection of Jesus; Jesus appearing to Mary Magdalene etc. Teacher should provide necessary guidance.

c. Can you match the following?

- | | | |
|----------------|---|----------------------|
| Jesus | - | Jewish leader |
| Nicodemus | - | From Arimathea |
| Mary Magdalene | - | Peace be with you |
| Joseph | - | Jesus appeared first |

d. Let us introduce children to the prayer to be said from Easter Sunday.

- | | |
|-------------------------------------|------------|
| Queen of heaven, rejoice, | Halleluiah |
| For he whom you did merit to bear, | Halleluiah |
| Has risen as He said, | Halleluiah |
| Pray for us to God | Halleluiah |
| Rejoice and be glad, O Virgin Mary, | Halleluiah |
| For the Lord has risen indeed, | Halleluiah |

Let us pray

O God, who gave joy to the whole world through the Resurrection of Your Son our Lord Jesus Christ, grant that we may obtain, through His Virgin Mother, Mary, the joys of everlasting life, through the same Christ our Lord. Amen.

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