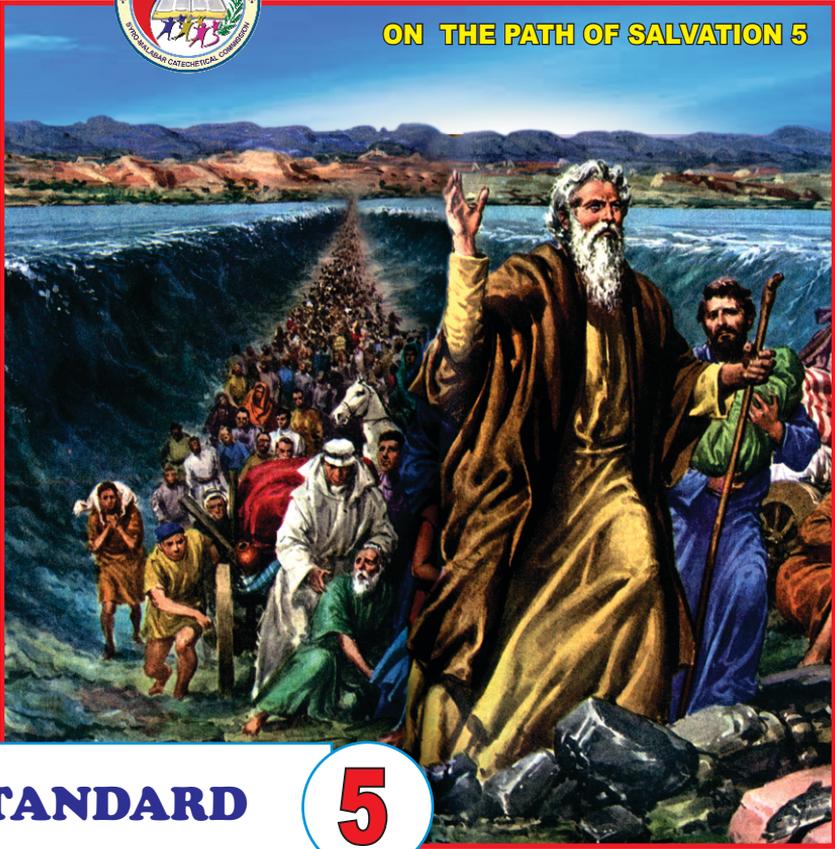


CATECHETICAL TEXT BOOK SERIES OF THE SYRO-MALABAR CHURCH

# PEOPLE WHO AWAITED THE REDEEMER



ON THE PATH OF SALVATION 5



**STANDARD**

**5**

**TEACHER'S HANDBOOK**

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# **ON THE PATH OF SALVATION-5**

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OF  
THE SYRO-MALABAR CHURCH

**TEACHER'S HANDBOOK**

**Standard - 5**

**PEOPLE WHO AWAITED  
THE REDEEMER**



Published by  
**THE SYNODAL COMMISSION FOR CATECHESIS**  
**SYRO-MALABAR CATECHETICAL CENTRE**  
Mount St. Thomas, Kakkanad, Kochi-682 030

*Title:*

**PEOPLE WHO AWAITED THE REDEEMER**

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*Published by:*

SYRO-MALABAR CATECHETICAL CENTRE

Mount St. Thomas, Kakkanad, Kochi - 30

*Translated by:*

DEPARTMENT OF CATECHESIS, DIOCESE OF KALYAN

Bishop's House, Plot No. B/38,

P.B. No. 8434, IIT P.O.,

Powai, Mumbai - 400 076.

*Year of Publication 2017*

Price : Rs. 15/-

*Design & Layout:*

John Paul Antony

*Printing:*

## PREFACE

Do you recollect the days of your Catechism classes during your childhood? What were the striking features of those classes? Shouldn't these children you are teaching now also get all that you have received then? Don't you still remember the joyful experiences you had during Sunday school days? Shouldn't such experiences be given to today's generation as well?

Do you remember what you disliked about the Catechism classes of your childhood? Was there any experience that had diminished your interest in Sunday Classes? In that case isn't it necessary for us to take care not to have such unpleasant experiences for our children? In your attempt to impart faith formation to the fifth standard students sitting before you, the above-mentioned points have to be taken very seriously.

It is also important to bear in mind that the times are changing. Tremendous changes have taken place in the circumstances in which today's children live, not only in their aptitude but also in experiences. These have to be taken into account. At the same time, the very aim of faith formation is to concretize in children the unchanging God and the unchanging Christian truths in a world which is under the sway of perennial change. The text which you are going to teach will help you achieve this goal. What you have in your hand now is the Teachers' handbook specially prepared for your reference. This will undoubtedly help you become an able and efficient teacher by developing children's innate talents and at the same time solving their difficulties.

### WHAT IS A TEACHER'S HANDBOOK? WHAT IS IT FOR?

#### **A teacher's hand book is**

- A supplement to text book.
- A pointer to teacher.
- An interpretation of the lessons.

## **A teacher's hand book is an aid to a teacher in many ways.**

- To understand the lessons better.
- To teach the lessons correctly.
- To clear doubts regarding the text by one's own self.
- To give a satisfactory clarification to children's doubts.
- To organize classroom programmes efficiently.
- To identify answers to the questions.
- To make the optimum use of the text.
- To gather more information.
- To improve one's way of teaching.
- To introduce and implement the novel approach of the new text book.

## **Three questions arise with regard to teaching:**

1. What is to be taught? What is the aim while teaching?
2. Whom to teach?
3. How to teach?

All teachers engaged in the process of imparting faith formation must seek answers to these questions.

### **1. Must know what faith formation is.**

The basic purpose of faith formation is to help those who received the sacrament of baptism to grow in Christ by leading them to a perfect Christian faith and a mature Christian living. In order to achieve this, a true faith formation process will blaze the trail towards knowledge, experience and life of faith. The passionate words of St. Paul- 'the labour pain is experienced, till Christ is formed in you'

should be the source of inspiration for our faith formation. The initial years of faith formation focus on the basic lessons to be imparted to children in the fundamental faith of the church, in the Holy Trinity and in the knowledge about sacraments. In this way we must grasp the essence of the question what is to be taught.

## **2. Necessary to know children :**

It is to children that we give faith formation. Therefore, we must have an idea of their age, nature, talents, drawbacks, interests and potential. Let us just think what abilities they have. What all can they do?

- Laugh
- Cry
- think
- see
- hear
- Run
- Jump
- play
- speak - and many more abilities like these. Now if we consider just one aspect , for example , their ability to speak- What are their possibilities that can be explored and expressed in class? Children will be able to do many things through spoken words. Let us jot them down.
- To tell stories
- To sing a song
- To ask a question
- To give answer
- To share a news with others

- To explain to others what they know
- To speak imaginatively
- To narrate an incident
- To complain
- To give instructions
- To narrate looking at a picture and so on.

**Now the children who love to play can do many things through that activity. What are they?**

- To understand instructions
- To obey the rules and regulations
- To react when the rules are broken
- To correct errors
- To express joy
- To express emotions
- To work in a team
- To participate in activities with enthusiasm.

There are many things like these to know about children .If teachers are aware of these teaching will be more meaningful.

There are many ways by which teachers can come to know of children –

- Interaction with children
- Keen observation
- Knowledge in child psychology
- Reading such books.

### **3. Necessary to Know New Methods of Learning :**

Times have changed. As we face a new environment today, a new set of children and a new text, we need to introduce new methods of learning. Novel ways of teaching need to be adopted.

As discussed earlier, many different abilities are there in every child. New methods of learning must be used to explore these abilities in children appropriately. Opportunities have to be made available to children who are keen on playing as well as doing work. The new text books are prepared with these thoughts in mind.

This book gives scope for numerous activities such as speaking, viewing, drawing, writing and playing besides listening. None of these is insignificant. Though they appear simple, each activity in some degree contributes to the growth of our children's faith. It is necessary to use all the possible methods in our attempt to give our children Jesus and lead them to salvation He offers. Therefore faith formation teachers must constantly endeavour to grasp novel teaching methods. This teacher's handbook may help teachers to a certain extent to achieve this goal. A teacher must try to gain knowledge and experience with regard to teaching methods from all possible quarters.

### **The Special Features of the Activities:**

If the activities that are introduced in faith formation class have to be successful, they must be different. Only then it will be fruitful. What are those special aspects? The activity that is introduced to facilitate learning should

- Arouse interest in children
- Suit the nature of the children
- Give freedom to children
- Be with a specific aim
- Be connected with the subject
- Be a time bound activity
- Be suitable for the standard of the children
- Be a challenging activity for the children
- Be an activity that can be evaluated by the teacher

Be it an activity given to children from the text or from teacher's handbook or an activity introduced by the teacher himself/herself, the above mentioned aspects have to be borne in mind.

**A teacher may pay attention to the following :**

1. Make sure that every child has a text book with him/her. Instruct them in the beginning itself to buy it.
2. There are many opportunities for first and second standard children to draw and colour; therefore, all children must have sketch pens of different colours, colour pencils or crayons with them. Along with their text, children should bring these as well.
3. Drawing and writing in the text have to be done only in class. This instruction has to be given to children well in advance. Children should use the text only as per the instruction of the teacher.
4. More activities, if necessary, can be given to children as home work. Instructions towards this have to be given to them very clearly. It is good to have a special notebook for children to draw, write and stick pictures. Considering situations and the interest of a teacher, these can be done.

**As the lessons are introduced**

Now that we have already thought about faith formation, children and new methods of learning, our attempt now is to analyze each lesson specifically. Special format is adopted for this purpose. It is as follows:

**1. What children need to acquire**

Through a lesson what a child is expected to grasp is mentioned here. They are categorized into three and presented. A teacher thus becomes very clear as to what the child should have grasped through that lesson. Besides answering questions and participating in activities, the following have to be acquired by children for their faith formation.

- Concepts
- Attitudes
- Habits.

All other activities done in class aim at acquiring these aspects by children.

## **2. The tools and techniques to enhance awareness that a teacher must use in class :**

In order to present each lesson effectively various teaching tools have to be used. For first/second/third/fourth standards a teacher can carry to class items like pictures, charts and things that can be collected easily. Apart from the items listed in teachers' handbook, if other items are used, that are appropriate, it will be more beneficial to the students. Therefore, the indications given here may be taken only as a guideline.

Songs, stories, games, skits and so on may be needed to teach a lesson properly. At least a mental preparation to this effect has to be there before going to class. These are also teaching tools.

## **3. Presentation of a lesson :**

How to present a lesson, how to begin, what details are to be included etc are explained in this section.

In any case, the method of presenting a lesson by reading it from one end to another should be strictly avoided. A teacher should be able to start, continue and end a lesson in a way that appeals to children. Some indications to this effect are given in the section dealing with presentation of a lesson. Still if you come across a more attractive method, you may use it. Remember that maximum preparation is required for the presentation of a lesson.

Story telling, cartoons, dramatics, role play, songs, conversation, team work or any such method can be used for presenting a lesson. Still if the teacher can use some tools for which he /she has the talent or aptitude to use the class may be more interesting and more efficient. The lesson can also be presented by involving children in these activities.

## **4. Activities related to the lessons :**

The instructions regarding all activities given in the lesson are incorporated in this section. Answers to the questions are also given.

Let the children find out the answers to these questions on their own and also the answers to the personal response questions and write them. Teachers may assist them. Do not insist that the answers written by children should contain the exact words / sentences as seen in the teachers' handbook. Treat the answers given in the teachers' handbook as mere references for teachers to help the students in finding the answers. Teachers can refer to the handbook and help them with the answers that are difficult for them to find out. It is mandatory to complete all activities given in each lesson.

## **5. Correlated Activities :**

These are activities that are not given in the lesson but can be introduced as per the wish of the teacher. It is appropriate to give, according to the situation, maximum number of related activities. Some other activities which are not there in handbook too can be used in class if available. More questions from the lesson are prepared and added. It would be a good practice to keep these answers ready with the teacher. Remember that all the correlated activities are to be done in class as per the wish and the creative approach of the teacher.

### **The factors to be borne in mind for each lesson:**

1. It is assumed that two days (Sundays) may be needed to cover one lesson. Therefore, it may be appropriate to divide the lesson into two parts and prepare properly for each day. If possible it would be better to include lesson as well as activities on both days.
2. Children are expected to do all the activities in class and two days might be sufficient to do all these. Instructions for each activity need to be given very clearly and correctly. In case there is something which they have to do at home with the help of parents, it should be assigned to them on the first day so that they can complete it and bring it on the second day.
3. What is given under the title 'My Decision' is the attitude and practice that have to be formed in a child. 'My Decision' in each lesson has to be explained to the child. It has to be impressed upon them. It is also necessary to find out how much of this decision they have implemented in that week.

4.. In most of the lessons there are opportunities for story telling. Teachers must try their best to say stories in most of the situations. Sometimes children should also be given a chance to say stories. Stories should be presented in such a lively manner that it arouses their interest and develops their curiosity and they get the main idea. In order to do this following points are to be taken care of :

- Narrate the story with all the minute details.
- Describe the characters and events in a picturesque manner.
- Use words and styles that are appropriate for children.
- Ask some questions during the narration.
- Complete the story with the help of children if possible.

Instead of saying some story, it is necessary to find out stories with certain concepts that will enhance faith formation.

5. There are many opportunities in the text for conducting games. Do not miss these opportunities. It is good to find out more games for children. While introducing games in faith formation class following points have to be borne in mind :

- Games that are appropriate for the class atmosphere are to be chosen.
- Instructions to be given correctly and clearly.
- Children should be told to follow the rules of the game strictly.
- Stress to be given more to 'playing a game together' than winning or losing.
- Involvement of every child to be ensured.
- It should be observed whether the goal is achieved through the game.
- The games to be used as opportunities to evaluate the attitudes and habits of children and to correct them if necessary.

### **Three more points to remember:**

1. Teachers' handbook has to be read carefully and completely. Analysis of each lesson has to be comprehended clearly. Reading the text books of Std 5, 6, 7 and the analysis given for a lesson will definitely make the teaching exhaustive and efficient.
2. Thorough preparation of the lesson has to be done with the help of analysis given for each lesson. With proper lesson plan, teaching becomes much easier and focused. Lesson plan means deciding in advance what is to be given to children and in what way as well as what activities are to be done in class by children and so on.
3. It would be a good practice to write the lesson plan in a note book so that class can be conducted referring to it. It can be prepared as per each teacher's convenience and aptitude. Preparing teaching notes will help prepare better. Additional information and activities collected from various sources can be written in this book.

## LESSON 1

# Bible: The History of Salvation

### I. Introduction

The importance and features of the Holy Bible are illustrated in this chapter. It aims at imparting the relevance of the Bible in our daily life. Also tries to create an interest in children to learn and use Bible with respect and awe.

### II. What children should understand:

#### 1. Conviction

- Bible is the Holy Book gifted by God the mankind
- The Bible presents the salvific activity of God

#### 2. Attitude

- Give thanks to God who speaks to us through the Bible
- Treat the word of God with awe.

#### 3. Habit

- I will read the bible daily with due respect and piety.

### III. Teaching aids

The Holy Bible, catechism text book, mass book, song book, story books, note book, biographies of saints etc.

### IV. Activities related to the lesson:

This chapter can be presented in “what is this” manner.

Teacher may distribute the teaching aids (Holy Bible, catechism text book, mass book, song book, story books etc) among the students. Make sure that everyone gets one or the other. Let everyone say out what they got and teacher writes down the same on the board. Then ask the students which one

of them is the most important and why. Most of them might say 'Bible', though the explanation they give might be imperfect. Here the teacher can interfere and guide them towards the chapter. And lead them to the awareness that how and why bible is the most important book.

## **V. Activities related to the lesson:**

### **a. Let us sing:**

The song has been composed on the main theme of the chapter. The students can try singing it either solo or in a group. Teacher can help them if needed.

### **b. Let us pray:**

Guide them to pray joining their hands and with due awe. The prayer can be lead either by individual or by group.

### **c. Read the Word, narrate it**

Ask them to read Gen. 9:1-17 as the home work for the first day. Make quiz session based on the same passage on the following day. Points can be awarded for the right answers.

### **d. Sample questions:-**

1. Sign of God's covenant-rainbow.
2. With whom did God make the covenant? - Noah and his sons.
3. In whose image was man created? - in God's own image.

### **e. Word of God for our guidance**

Students may be asked to write the given verse on a chart paper with sketch pen or color pencils. The same can be displayed in the class so that it draws the attention of the children and they learn the verse by heart.

### **f. Let us do**

Give them simple exercises to do; If they find it difficult, teacher can help them.

### **g. My decision**

The decisions given are expected to turn out to be the habits of the students. Encourage them to follow it and have proper scrutiny to make sure that they follow the decisions.

### **h. Let us find out the answers**

1. Page 10
2. Page 10
3. Page 11
4. Page 12
5. Page 12

## **VI. Correlated Activities:**

### **a. Do you know?**

Simple questions may be asked to which the students can give answers with the help of the text book. Points are awarded to those who give correct answers.

### **b. Decorate the Bible:**

Proper instructions are given on the first day to keep the Bible in the class room well decorated. Encourage them to bring less expensive items for the same. Using the things brought by the students, on the second day, keep the Bible on the table decorated. Grant them opportunity to take Bible in hands, read it and kiss it with respect and awe.

## LESSON 2

# The Call of Abraham

### I. Introduction

The chapter deals with the history of Abraham, the father of faith. It narrates the salvation history from the very call of Abraham onwards. This chapter helps children to grasp the importance and the need to be firm in faith. It helps to create a deep-rooted faith in children.

### II. What children should understand:

#### 1. Conviction

- Abraham is the role model for those who believe in God
- Abraham was blessed because he obeyed the word of God

#### 2. Attitude

- Grow in faith like Abraham
- Be firm in our faith even in adverse situations

#### 3. Habit

- I will believe in God and follow His commandments

### III. Teaching aids

Mobile phone, picture of a telephone and mike, pictures of different people making phone calls in various situations, text book, The Holy Bible

### IV. Presentation of the lesson:

This chapter can be presented in the format of 'call and its styles'.

Present the teaching aids to the students and based on the same make a brief explanation on different ways of making phone calls. Many of the students might be using them. Instruct them on how to respond to calls:

- If anyone is called out by name from a stage on mike, he responds to it by going on stage

- It is not the same way that we respond to the calls of teachers and friends
- Nor shall it be the same when dad or Fr. vicar calls
- Thus after having introduced the various ways of calls and its responses the teacher can lead them to how Abraham responded to the call of God

## **V. Activities related to the lesson:**

Please check the instructions given in the first chapter on let us pray, let us sing, read the Bible and narrate it, word of God for our guidance, my decision.

### **a. Let us do**

Students are asked to identify the places from the map given in group or individually. The teacher can help them only if required.

### **b. Let us find out the answers**

1. The father of a great People
2. Page 17
3. Page 17
4. Page 19
5. Page 19

## **VI. Correlated Activities:**

### **a. Role play**

Abraham sacrifice of his son Isaac as sacrifice can be given as theme for the role play. Characters required are Abraham, Issac and an angel. Dialogues may be prompted to the actors. it can be performed without much preparation.

### **b. Story time**

Students can be given Gen 22:1-18 as homework to read. Ask them to narrate the story from the passage given. The best group/ individual can be awarded points.

## LESSON 3

# The Choice of Israel

### I. Introduction

This chapter narrates how the generations of Abraham turned out to be Israelites. God chooses a nation as His own people and guides them. This chapter will help to understand the salvific plan of God. This chapter will help children to get the basic idea of accepting God's plan in their lives.

### II. What children should understand:

#### 1. Conviction

- Israelites are God's own people
- God has got a plan for us.

#### 2. Attitude

- We have to co operate with the plan of God
- Walk with Him even in our difficult/ extraordinary situations

#### 3. Habit

- To maintain my relation with God I may even sacrifice my achievements.

### III. Teaching aids

Pictures of various leaders, ministers taking oath, school captain leading assembly, children's Bible, Bible story book

### IV. Presentation of the lesson:

Chapter can be presented through a discussion done with the help of the study materials.

Make the general elections, which the children are familiar with, a subject matter for discussion. Then continue the

discussion showing them the upcoming leaders: say class leader, school leader and of course the elections as well is mentioned. Deviate the discussion to Abraham who was chosen by God and then guide them to the chapter to introduce the Chosen people of God, the Israelites.

**V. Activities related to the lesson:**

**a. Let us do:**

- |           |   |                           |     |
|-----------|---|---------------------------|-----|
| 1. Israel | - | stream                    | (c) |
| 2. Bethel | - | one who wrestles with God | (a) |
| 3. Yabok  | - | house of God              | (b) |
| 4. Isaac  | - | birthright                | (e) |
| 5. Esau   | - | father of Jacob           | (d) |

**b. Let us find out the answers**

1. Page 22
2. Page 23
3. House of God
4. Israel
5. Page 25

**VI. Correlated Activities:**

**a. Story telling:**

Opportunity given to children to present the stories related to the chapter. It would be easy for the children if they are given bible story books, children's bible etc well in advance.

**b. Find out the message:**

The students, who watched the presentation, are asked to give the message that they got from the presentation. Teacher may correct and guide them if the indented message is not given by them.

## LESSON 4

# People of Israel in Egypt

### I. introduction

This chapter deals with the history of Abraham, the Father of Faith. It does have the historical narratives that start from the call of Abraham. This chapter aims to make children firm in their faith and to make them understand the need of faith.

### II. What children should understand:

#### 1. Conviction

- Abraham is the role model for those who believe in God.
- Abraham remained blessed because of the deep faith and obedience that he had towards the promise of God.

#### 2. Attitude

- We need to be firm in our faith following Abraham
- We have to be firm in our faith even in our adverse situations

#### 3. Habit

- I will believe in God and follow His commandments

### III. Teaching aids

Text book, bible story books, chart paper

### IV. Presentation of the lesson:

Chapter can be presented in the format of 'say our dreams'.

Children can be asked to share any dream that they remember and ask them to interpret the same. And then the

teacher speaks about the importance of the interpretation of dreams. He adds the famous dreams that great personalities had. Further slowly draw the attention of the children to the chapter by narrating the dream that the King Pharaoh had.

**V. Activities related to the lesson:**

**a. Let us do:**

Peter, Andrews, James, John, Philipose, Barthaleomeo, Thomas, Mathew, Simon, Judas Iscariot, Judes (Mt 10 :2-4)

**b. Let us find out the answers**

1. Page 29
2. Page 30
3. Page 30
4. Page 31
5. Page 31

**VI. Correlated Activities:**

**a. Compare the dreams:**

Narrate both the dreams that Pharaoh had and ask children to find out the similarities and differences between the two. Teacher may note down them on the board.

**b. Know more about the character:**

Collect as much information about Joseph, the Old Testament character. Find out the special features and present them before the class. Decide which all of his qualities can be assimilated or imbibed.

**c. Prepare a chart:**

Write down the names of the 12 apostles on a chart paper and exhibit it in the class room.

## LESSON 5

# Moses the Liberator

### I. Introduction

This chapter carries the history of Moses who liberated the Israelites from the slavery in Egypt. The chapter explores God who called, strengthened and guided Moses. It also imparts that God protects us as well in the way he did to Moses.

### II. What children should understand:

#### 1. Conviction

- God strengthened Moses and entrusted him with a mission
- God saves us always, even in our difficult times.

#### 2. Attitude

- God needs our cooperation to execute his plans over us
- Be thankful to God always who leads us to salvation even in the midst of hardships

#### 3. Habit

- I will carry out all the responsibilities that my parents entrust me.

### III. Teaching aids

Bible story books, paper slips, chart paper

### IV. Presentation of the lesson:

This chapter can be presented through an act of 'joy and sorrow'.

Teacher may write down the following words on the paper slips that she is having:

- |     |   |        |
|-----|---|--------|
| Joy | - | sorrow |
| Day | - | night  |

Glad	-	gloomy
Darkness	-	light
Height	-	down
Goodness	-	evil

Distribute these slips among the children. Children will have to find out the partner getting the opposite of the word he is having and thus make a group of two. And then the teacher explains that life also is mixture of opposites and adds that the life of Israelites also had these two opposites in their lives. Thus enter into the chapter.

## **V. Activities related to the lesson:**

### **a. Let us do:**

It is good that the map given in the text book be drawn on a chart paper and displayed in the class.

### **b. Let us find out the answers**

1. Taken from water
2. Mount Horeb
3. Page 37
4. Aaron
5. Page 39

## **VI. Correlated Activities:**

It will help to get into the minds of the children if we enact Moses being forsaken by his mother into water and the princess gets him from the river.

The characters needed are mother of Moses, maid, princess, two servants. Costumes shall not be encouraged

### **a. Quiz:**

Conduct quiz based on Exodus 1-6 chapters. Intimate them on the previous day of the quiz competition and points/ gifts be awarded to the winners. Prefer small/simple questions.

## LESSON 6

# Towards Freedom

### I. Introduction

This chapter is about the liberation of Israelites from the Egyptian slavery. God directly intervenes into the lives of the Israelites and liberate them. This chapter also gives the message that God saves us from the bondage of sin.

### II. What children should understand:

#### 1. Conviction

- God works through others to save us
- God saved us from sin by granting His only son Jesus

#### 2. Attitude

- We are obliged to follow the commandments of God
- We need to love God more who gave us Jesus as savior

#### 3. Habit

- Depend on God to get solutions at the times of difficulties

### III. Teaching aids

Picture of the last supper, chart paper, pictures that depict the ten plagues

### IV. Presentation of the lesson:

This chapter can be presented through a discussion There is specialty in meals at homes on special occasions. There is a day in every year when everyone at home gather together, have meals with special prayers and rituals. Which is that day? If needed, teacher can give more clues. Children might answer ' passover'. Then the teacher narrates more on Passover and explains about the Old Testament Passover.

**V. Activities related to the lesson:**

**a. Let us do:**

Arrange the following in order:

1 2 3 4 7 6 9 5 10 8

**b. Let us find out the answers**

1. Page 41
2. Page 42
3. Page 43
4. Death of every first born of the Egyptians.
5. Passing over
6. Page 45

**VI. Correlated Activities:**

**c. Write on the chart paper:**

Write down the ten plagues and display it in the class room

**d. Detailed description:**

The ten plagues may be distributed in the groups for more discussions. Ask them to find out the difficulties that the Egyptians must have faced with every plague. Then let every group present it and if needed teacher can help. It will help to make them aware of the gravity of each plague.

## LESSON 7

# Through the Desert

### I. Introduction

This chapter narrates the journey that the Israelites had crossing the Red Sea through the desert. Whenever they confronted any hardships God was there with them to protect and guide. Manna and quails are best examples of this protection. This chapter will help to create a conviction that God is always with us.

### II. What children should understand:

#### 1. Conviction

- God helped Israelites during their hard times
- We too are pilgrims having our journey towards heaven

#### 2. Attitude

- Be thankful to God who always makes us walk
- When being with God we shall fear nothing

#### 3. Habit

- I will try to travel the way that God shows me

### III. Teaching aids

Chart paper, pictures of different journeys, the Holy Bible, bible stories

### IV. Presentation of the lesson:

Divide the whole class into groups of two and ask them to share with each other about a journey they had. Then encourage them to speak aloud what they heard from the group; They will do it with enthusiasm of course ! In the same way Israelites also had a journey, with variety of experiences; at times enjoying, at times severe painful...proceed to the chapter explain it.

## **V. Activities related to the lesson:**

### **a. Let us do:**

Write down Ex:15;1-2 on a chart paper and display it in the class. Also ask the whole class to read the same aloud. And teacher may read out Ex:15;1-21

### **b. Let us find out the answers**

1. Page 48
2. Manna and Quails
3. What is it ?
4. Page 50
5. Page 52

## **VI. Correlated Activities:**

### **a. Journey experience:**

Ask students to write down in detail the experiences they had in any journey. Let teacher scrutinize it and the best ones be presented before the class. Best ones can be awarded with attractive prizes.

### **b. Favorite story:**

Ask children to read the bible passage related to the chapter. And let them say a story that they liked most. It is also encouraged to provide them bible story books.

## LESSON 8

# The covenant of Sinai

### I. Introduction

This chapter is dealing with the covenant that God made with the Israelite at Mount Sinai on their journey to Canaan. It also includes Jesus new commandment of Love is the continuation of the Ten Commandments.

### II. What children should understand:

#### 1. Conviction

- God gave the Commandments to His people through Moses
- Jesus gave the new commandment of love

#### 2. Attitude

- People of God are obliged to follow the commandments
- We should be enthusiastic in obeying Jesus' commandment of Love.

#### 3. Habit

- I will lead a life of God's child by following His commandments.

### III. Teaching aids

Cardboard, chart paper, the Holy Bible, bible stories

### IV. Presentation of the lesson:

The chapter can be presented through a discussion on rules/laws.

There are certain rules everywhere; let it be school or church or public places.

Ask children to tell a few of the common rules.

Children will defiantly say: no smoking, keep queue, Keep chapel outside, keep the premises clean, walk slowly/ gently

etc. teacher may elaborate them. And make them clear that rules are the laws guidelines given by God to have a peaceful and disciplined life on earth. And then teacher may proceed to the chapter.

**V. Activities related to the lesson:**

**a. Let us do:**

Let children write down the Ten Commandments on 10 chart papers one each on a paper. Let 10 children stand in order holding each card, so that if at all there is anyone who has not by hearted it can do it now.

Also the children should write down the commandments in the space given in their text book.

**b. Let us find out the answers**

1. Page 55
2. Mount Sinai
3. Page 56 - 57
4. Page 58

**VI. Correlated Activities:**

**a. Commandments in tablets:**

Make two tablets out of the cardboards and write down the 10 commandments on them. Display the tablets in the classroom.

**b. Rules in the classroom:**

Have a discussion in the class on whether rules are needed in class room. As the result of the discussion get a few rules, write them down on chart papers and display it. For eg: say 'praise be to Jesus' to those elders who visit the class, when attendance taken say a bible verse to clear your presence.

**c. Love...love...**

Ask children to collect stories, poems and slogans on love. Let them present the same in the class

## LESSON 9

# The People of the Covenant

### I. Introduction

God makes it clear how the people of the Covenant should live. This chapter well illustrates the salient features of the Israelites. It also reminds us that like the Israelites who are obliged to follow the commandments of God, we too are obliged to follow the commandments as well as the precepts of the Church.

### II. What children should understand:

#### 1. Conviction

- God's own people, the Israelites, are also the people of the covenant.
- Follow the commandments and stay in life

#### 2. Attitude

- Be grateful to God who made us His own
- With joy shall we accept the commandments of God

#### 3. Habit

- I will obey the commandments and live like a child of God.

### III. Teaching aids

Chart paper, the Holy Bible, bible stories

### IV. Presentation of the lesson:

The teacher can start the class presenting a story from the chapter.

The Israelites urged Aaron to make a golden calf as God for them to worship. And they worshipped it singing and dancing. And finally, Moses gets angry on them after returning from the Mountain.

The story should highlight the gravity of the disobedience that they had towards ever-loving, all-providing God. Present the idol worship as the greatest sin of the Israelites. The teacher can begin the chapter. Explaining the gravity of sin, the need for punishment, and way of resolution.

**V. Activities related to the lesson:**

**a. Let us do:**

- 1 ✓
- 2 ✗
- 3 ✓
- 4 ✗
- 5 ✗
- 6 ✓

**b. Let us find out the answers**

- 1. Idolatry
- 2. Page 62
- 3. Page 63
- 4. Page 64
- 5. Page 64
- 6. Page 64

**VI. Correlated Activities:**

**a. Write on the chart**

Write the precepts of the Church on a chart paper and display in the class. Ask them to by heart it.

**b. Let us discuss**

How were the Israelites blessed by God?

How did they disobey God?

Which are the punishments they got?

What were the solutions suggested?

Discuss over these. Lead the discussion that would show the intensity of the relation between God and the Israelites.

## LESSON 10

# In the Promised Land

### I. Introduction

After a long and tedious journey, the Israelites find its end in the Promised Land. This chapter well depicts the death of Moses and the leadership of Joshua. It creates awareness in the children that we too are pilgrims on earth, making our journey towards heaven.

### II. What children should understand:

#### 1. Conviction

- God made the Israelites to enter the Promised Land
- We too have to reach Heaven, our promised land

#### 2. Attitude

- Praise God who helped the Israelites to reach the Promised Land despite of all the hurdles and difficulties that they confronted on the way.
- Let us be grateful to Jesus who has prepared Heaven for us.

#### 3. Habit

- Live a life with the ardent desire to enter into heaven

### III. Teaching aids

The Holy Bible, paper-slips, bible stories

### IV. Presentation of the lesson:

Teacher starts the class by sharing his/her own experience when God blessed him to finish a difficult task. It would be better that the experience sharing to be in detail. Then ask children to share such experiences, if they have any. Teacher may help them to express it and then move to the chapter.

**V. Activities related to the lesson:**

**a. Let us do:**

Help children to find out the places given in the map. It will help to understand the historicity of the Israelites.

**b. Let us find out the answers**

1. Page 68
2. Joshua
3. Page 69
4. Page 70

**VI. Correlated Activities:**

**a. My greatest dream:**

Paper-slips are distributed among the children. Ask them to write down their greatest dream. Get the paper slips back and the teacher reads everything. If anyone has written 'to reach heaven', explain on that. Biographies of saints can be used as examples.

**b. Find out and write:**

A land of milk and honey - Canaan  
God's own country - Kerala

Discuss the differences between these two. Also find out the places those having such peculiarities.

## LESSON 11

# The Feasts of Israel

### I. Introduction

This chapter narrates the feasts of the Israelites, feasts of the Church, and the specialties of each feast. It helps to understand the meaning and message of each feast. Every celebration becomes meaningful only when it's celebrated imbibing its essence and meaning. In that way this chapter will help children to participate in feasts getting to the core of it.

### II. What children should understand:

#### 1. Conviction

- Feasts are celebrated both in the Old Testament and New Testament period.
- It helps one to grow spiritually when it is celebrated understanding the true meaning of it.

#### 2. Attitude

- By celebrating feasts we express our gratitude towards God.
- We should try to understand the meaning of every feast.

#### 3. Habit

- I will attend feasts with due reverence and piety

### III. Teaching aids

Palm lets of different feasts, pictures of saints, the Holy Bible

### IV. Presentation of the lesson:

Have a brief discussion on the parish feast.

Do you like the feast? If yes why?

Ask them to say out the important features of feast.

The festal programs (Solemn Holy Qurbana, ladeenju, homily and benediction), procession, fire works, cultural programs, toy sellers, ice cream, guests at home, delicious food etc. Ask them which of these do they like most and the why of it. Teacher can contribute his/her own views too.

**V. Activities related to the lesson:**

**a. Let us do:**

Match the following:

1	-	7
2	-	5
3	-	6
4	-	1
5	-	2
6	-	4
7	-	3

**b. Let us find out the answers**

1. Page 74
2. Page 75
3. Page 76
4. Page 76
5. Page 77
6. Page 77

**VI. Correlated Activities:**

**a. How many festivals are known to you?**

Ask them to write down as many names of the feasts they know within a given time. Those who have written more names may be awarded. Teacher may take extra care to give an explanation on the feasts written by them.

**b. Let us collect**

Ask them to collect the palm lets on various feasts. Give everyone opportunity to read and watch the variety of notices they have brought. Make them understand that in every notice, what is common is the holy rituals than the external celebrations.

## LESSON 12

# Prayers and Sacrifices of Israel

### I. Introduction

This chapter carries the spiritual activities like prayer, sacrifice, adoration, Sabbath, church etc of Israelites. It describes the importance that Israelites gave to each of these. It also hints about the observances of the Church. This chapter gives an open invitation to be active participants in the Church activities and training for the same.

### II. What children should understand:

#### 1. Conviction

- The Israelites observed Saturdays as Sabbath day for the worship of God
- The Church observes Sundays as the Sabbath

#### 2. Attitude

- We should offer our hearts to God along with the offerings.
- Be polite and gentle in the church where Jesus dwells

#### 3. Habit

- I will take extra care to keep Sundays and Sabbath days holy

### III. Teaching aids

The Holy Bible, pictures of different churches, pictures of worshipping persons/ communities, chart paper

### IV. Presentation of the lesson:

Which day do you like most in a week and why? Teacher

should lead the discussion in such a way that the answer should be Sunday. Divide the whole class into groups and ask them to find out the specialties of Sunday. Teacher shall be extra vigilant to present the importance of Sunday rather than just being a holiday. Through this she/he can present the theme of Sabbath and then may proceed to the chapter.

## **V. Activities related to the lesson:**

### **a. Let us do:**

The part of psalms that is given in find out and write session be written down by every child in the book. Also it is good if the same is displayed on a chart paper. Also it can be encouraged to read out the passage loudly in the class.

### **b. Let us find out the answers**

1. Page 81
2. Page 81
3. Page 82
4. Page 82
5. Page 83

## **VI. Correlated Activities:**

### **a. Find and write:**

Ask children to write down about their parish church; date of foundation stone laid, blessed on, patron, main feast, number of families etc. parish directory, souvenir etc can be provided as guides.

### **b. Let us do:**

Ask the each group to prepare a list of activities that they can do on Sundays. Make a consolidated list after having presented in the class and decide to execute them. Make a regular scrutiny to make sure that they follow it. Make sure that only what is possible and simple tasks are given.

## LESSON 13

# The Leaders of Israel

### I. Introduction

This chapter is about the leaders who had been appointed by God to lead and guide the Israelites. This group includes the kings as well as the priests. This chapter demonstrates the importance and prominence that the leaders had in the life of the people of Israel. It also deals with the present leadership in the Catholic Church.

### II. What children should understand:

#### 1. Conviction

- God provided leaders to guide the Israelites
- God has also appointed many leaders in the Church

#### 2. Attitude

- We are obliged to obey the leaders appointed by God
- We should co-operate in the growth of the Church and society

#### 3. Habit

- I will be sincere and regular in carrying out my responsibilities.

### III. Teaching aids

Holy Bible, pictures of various kings, picture of a thorny bush.

### IV. Presentation of the lesson:

The chapter can be presented through a story.

Once all trees gathered together to elect a king for them.

They elected the fig tree. But the fig tree withdrew itself admitting its unworthiness. Then the name of the Olive tree was

proposed and the olive tree also did the same. In the same way many of the good and talented trees kept away from being elected as king. Finally the thorny bush was elected as the king. And it started reigning and it squeezed all other trees.

This story is to be presented in detail and necessary changes can be made in it. After giving the essence of the story, you may proceed to the chapter.

**V. Activities related to the lesson:**

**a. Let us do;**

Match the following

- |            |               |     |
|------------|---------------|-----|
| 1. David   | first King    | (3) |
| 2. Solomon | last judge    | (4) |
| 3. Saul    | priest        | (5) |
| 4. Samuel  | wise king     | (2) |
| 5. Aaron   | powerful king | (1) |

**b. Let us find out the answers**

1. Page 86
2. Page 87
3. Page 89
4. Pope
5. Page 89

**VI. Correlated Activities:**

**a. Let us write the qualities:**

Let every group discuss and write down the qualities that a good leader should have.

**b. If I become a leader:**

Ask everyone to write down on 'if I become a leader' and the best article be displayed in the class room.

## LESSON 14

# The Prophets of Israel

### I. Introduction

There were many prophets in Israel who spoke for God. This chapter is about them and their role. They had a great role in leading the Israelites to the right path. It also gives idea on the teachers of the Church. It tries to create awareness in children that we too have to lead a life listening to the word of God.

### II. What children should understand:

#### 1. Conviction

- Prophets speak for God
- The Doctors of the Church teach the Church.

#### 2. Attitude

- We have to be grateful to God for giving us prophets
- We have to learn more about the Doctors of the Church

#### 3. Habit

- I will follow the teaching of the Church

### III. Teaching aids

Pictures of the Doctors of the Church, pictures of children who are involved in various activities, the Holy Bible, chart paper

### IV. Presentation of the lesson:

#### a. Presentation through a picture oriented story:

Teacher carries pictures of a child trying to touch the flames of a lamp, a child peeping into a deep well, a child

sleeping in front of an open book etc and ask them how the parents or elders would react to these kids at such situations. Teacher has to iterate that it is to correct children to the right path that parents/elders react so. Then she can move to the prophets who lead the people of Israel.

**V. Activities related to the lesson:**

**a. Let us do:**

Help students to write down the names of the prophets and display the same in the class room. The groups can be named after the prophets.

**b. Let us find out the answers**

1. Page 92
2. Page 93-95
3. Page 95
4. Page 95
5. Page 95

**VI. Correlated Activities:**

**a. Let us write a verse:**

Ask students to write down a verse from the prophets that have influenced them most.

**b. Let us identify:**

Show them pictures of different Doctors of the Church. Ask them to identify and write down the names. This activity can be done in group or individual level. Teacher can help them if necessary.

## LESSON 15

# Promises and Prophecies about Christ

### I. Introduction

This chapter is about the prophecies and promise about Jesus Christ, the Son of God. It pictures the importance that Christ had in the world as well as in history. It is through Christ that the New Testament turns out to be the continuation of the Old Testament. In this regard this chapter does have a special importance. It aims at to create interest in students to know more about Christ who is the fulfillment of all promises/ prophecies.

### II. What children should understand:

#### 1. Conviction

- There were prophecies about Jesus being the savior to the world
- Jesus is the fulfillment of all the prophecies

#### 2. Attitude

- Let us praise God who gave us Jesus, our savior
- We are obliged to tell others about the savior Jesus Christ.

#### 3. Habit

- I will introduce Jesus to my friends

### III. Teaching aids

Holy Bible, various pictures of Jesus, pictures of saints and great personalities

### IV. Presentation of the lesson:

Show children pictures of various leaders, saints and Jesus Christ. Ask them who the eminent person among these is. If

they answer Jesus Christ, the why of it is to be put before them? Then the teacher can continue the chapter adding to what the students said.

**V. Activities related to the lesson:**

**a. Let us do:**

Ask them to make Christmas cards and help them for the same. It should carry a picture of Jesus and a good greeting. The prepared cards can be exchanged among themselves.

**b. Let us find out the answers**

1. The anointed
2. Immanuel Prophecy
3. Birth of Jesus
4. Page 100
5. Page 101

**VI. Activities related to the lesson:**

**a. Collect pictures:**

Ask students to collect various pictures of Jesus like Jesus in the crib, the child Jesus, Jesus with children, and Jesus on the donkey etc. Let children bring as many pictures they can collect. Make an exhibition of these pictures and invite the students of other classes and teachers to view it.

**b. Let us write a verse:**

Let every child write down 3 verses each and ask them to present it before the class.

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**THE SYNODAL COMMISSION FOR CATECHESIS**  
**SYRO-MALABAR CATECHETICAL CENTRE**  
 Mount St. Thomas, Kakkanad, Kochi-682 030